



Mother-Daughter time

A belated Mothers' Day gift for a hardworking teacher and mother



Parents are often the last people to take a break or think of themselves. The kids always come first! And there's no rest at all for the weary teacher, who not only cares for her own children, but must also think of her students, constantly disciplining and watching out for trouble. We hope, though, that this will serve as a reminder to set aside some time for fun, too.

"Parang ad!" was our verdict when we saw the photos of our *mag-ina*. Mother and daughter are definitely ready for some fun bonding time in refreshing pastels. Cherry dressed Juliet in very comfortable stretchy pieces that showed off her slim figure without constricting movement, and picked out a charming dress for Edel, with a cute hair band to finish off her preppy look. On Juliet: Sea-green overlap cardigan with matching spaghetti top. White skirt in stretch cotton. Both from Ensembles. On Edel: Argyle-print dress. Gingersnaps.



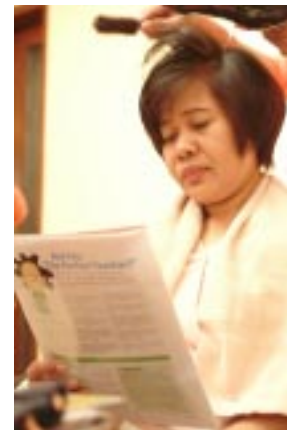
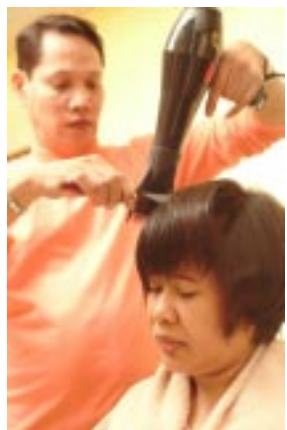
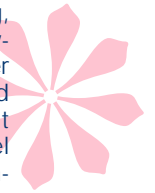
Ms. Juliet Sumugat, a teacher from Bangkal Elementary School 1 in Makati City, sent us a letter with a photo of her daughter, Edel. "She's a Grade 2 student from Bangkal Elementary School 2," wrote Juliet. "She loves reading books from the Sa Aklat Sisikat collection. She likes *Diola*, *Ang Pambihirang Buhok ni Raquel*, *Bandila*, *Ang Sundalong Patpat*, *Fish for Two* and a lot more. Why do I want to see her in *Star Teacher* magazine? No reason, really. I'm just her proud mother and I believe that all mothers think this way of their daughters." We immediately contacted her and offered to feature not only Edel, but Juliet as well. After some convincing from us and her co-teachers, Juliet agreed—much to our delight!

Dressing for Fun? Cherry says:

- Go for stretchy fabrics like knits, jersey, spandex-blends—not only do they allow more movement, they usually fit better, too. These tend to cling to the body, so they will either flatter slim areas or emphasize unwanted bulges. To avoid the latter, go for loose-fitting styles like cotton polos but with a bit of stretch.
- Try some color! Neutrals are fine but tend to look drab. Colors reflect on your skin, and the happier the color the more vibrant you'll feel. You can pair your khaki or gray slacks with a pale shade of blue, pink, yellow, etc.
- Make changes in small doses. First, assess your body. If you're used to wearing pants but have a great pair of legs, show them off with a knee length skirt. Or if you have relatively slim arms, try a sleeveless top.



Edel's hair is thick and long, so she usually sports a ponytail or *tirintas*. Letty gives her a shoulder-length cut and texturizes her hair to make it easier to control. Now Edel can wear her hair down without having a hard time with it. *Walang sabit!*



Because her hair is at an awkward length, Juliet gets a trim that frames her face better. After a cellophane treatment in chocolate brown (a natural shade that turns tresses shinier and just a little bit lighter), Eric simply gives Juliet a blow dry for softness and body. Guess what magazine she's reading.



Barbi is inspired to try out bolder colors on Juliet. She uses green eye shadow to open up Juliet's eyes. Barbi says that green is actually a universal color that works for both fair and morena skin tones. The trick to sporting it successfully? "Use it sparingly! Apply it a bit at a time until you achieve the effect you want," says Barbi.



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