

To the teacher: This worksheet should be used in conjunction with the article on page 5 entitled "Teach Your Students To Study." Make copies for your class, ask them to fill out the worksheet, and discuss their answers to improve their study skills.

My Study Skills Worksheet

Student's Name: _____ Grade and Section: _____

My Activities

List down all the activities you do outside school. Do you just like doing them or do you need to do them? Rank them in order of importance. The most important task should be ranked number 1.

Rank	What I want to do	Rank	What I have to do
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

My Goals

List down the things you want to achieve. Look at this everyday to remind yourself of what you need to do.

What I want to accomplish this month **DONE!**

1. _____
2. _____
3. _____
4. _____

What I want to accomplish in the 1st week

What I want to accomplish in the 2nd week

What I want to accomplish in the 3rd week

What I want to accomplish in the 4th week

What I want to accomplish in the 5th week

My Time Log

How do you spend your time? Track your activities for three days and you might discover something new about yourself.

Time	Day1	Day 2	Day 3
Before 7:00 AM	_____	_____	_____
7:00 AM	_____	_____	_____
8:00 AM	_____	_____	_____
9:00 AM	_____	_____	_____
10:00 AM	_____	_____	_____
11:00 AM	_____	_____	_____
12:00 NOON	_____	_____	_____
1:00 PM	_____	_____	_____
2:00 PM	_____	_____	_____
3:00 PM	_____	_____	_____
4:00 PM	_____	_____	_____
5:00 PM	_____	_____	_____
6:00 PM	_____	_____	_____
7:00 PM	_____	_____	_____
8:00 PM	_____	_____	_____
9:00 PM	_____	_____	_____
After 9:00 PM	_____	_____	_____

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Christmas,
Ma'am!**

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- ★ Teaching kids to share
- ★ 5 resolutions for 2005

